

Leading a Mentally Healthy School



2 Day Course for all Schools

Leading a Mentally Healthy School training modules have been funded by Health Education England (HEE) and created by the School Development Support Agency (SDSA) in partnership with an expert group of educational psychologists, education consultants and mental health organisations.

The course is aimed specifically at Senior Leaders and focuses on reflection of current provision and strategic planning to help develop a mentally healthy school. It is suitable for all sectors – primary, secondary, FE

Leading a Mentally Healthy School aims:

- to enable and empower senior leaders to put mental health at the heart of strategic school improvement.
- to equip senior leaders with practical and sustainable approaches that can be implemented on return to school



Senior Leader Role

- What is a mentally healthy school?
How can we as senior leaders foster a culture and ethos that promotes good mental health?
- Every school should have a mental health policy but leaders should also consider how other policies impact on the mental health of students



Module content:

This course is about LEADERSHIP of a mentally healthy school.

Day 1: Ethos, culture and strategic leadership

- What is mental health?
- Why have a whole school approach to mental health?
- The importance of ethos and culture.
- Strategic planning.

Day 2: Policies and procedures for impact

- Policies and leadership.
- Signs and symptoms.
- Procedures for impact.

Date:
Wed 10 Oct `18
and
Wed 7 Nov `18

Time:
1-6pm

Venue:

The Training Centre
Our Lady's Catholic High
School
Preston PR2 3SQ

This 2 day programme costs just £160 (includes all refreshments and materials)

To book your place or to find out more email
cta@olchs.lancs.sch.uk

www.catholic-teaching-alliance.org